A-1			
		100	
Beginner		1.8 km	25 m
	Start: building		
1	SE outside corner of building		
2	Sign		
3	Bat box		
4	N end of bridge		
5	Bat box		
6	Bench		
7	Path and stream crossing		
8	Foot of cliff		
9	Flag pole		
	0 fou gin 1 2 3 4 5 6 7 8	Oriente fou must ginner Start: 1 SE ou 2 Sign 3 Bat bo 4 N end 5 Bat bo 6 Bench 7 Path a 8 Foot o	Start: building SE outside corner of be Sign Bat box Nend of bridge Bat box Bench Path and stream cross Foot of cliff

What is Orienteering?

Orienteering began as a training tool for military navigation in Scandinavia. Today, it is a recreational activity and sport in which the object is to find each control using only a map and sometimes a compass. Orienteering is known as "The Thinking Sport" because of it involves both a mental and a physical challenge.

Instructions

First, familiarize yourself with the map and legend. Take a look at some of the descriptions and how the features are portrayed. Rotate the map so it is oriented to the terrain. Then look for the start and finish, marked by the purple triangle and double purple circle. Both the start and finish are at the pavilion. On the map, you will see a sequence of purple circles. Each circle marks the location of a control, which is described at the left. The feature described at the left is at the exact center of the circle.

This course is what is known as "cross-country"; this means that you are required to visit the controls in sequence (1 through 9), starting at the pavilion and ending back at the pavilion. At each control, there is a marker, a red and white plastic square on a post. The marker has the control number on it.

This is an honor course; there is no verification that you visited all of the controls or that you visited them in the right order. You are on your honor regarding whether or not you have completed the course properly.